

Nuevo Progreso Retirement Guide

A small border destination known to many Texas visitors for short trips and services.

Purpose

A practical research guide for comparing retirement fit - not a promise, ranking, or substitute for current professional advice.

Why Retirees Consider It

- Very close to the Texas border
- Familiar to many visitors using dental, pharmacy, or medical services
- Compact commercial center for short visits
- Easy to include in a border-region scouting strategy

Important Tradeoffs

- A day-trip destination is not automatically a full-time retirement fit
- Depth of emergency and specialist healthcare must be confirmed
- Housing and daily-life infrastructure require careful local research
- Border conditions and transportation can change seasonally

May Be a Strong Fit For

- Retirees researching close Texas access
- People considering a border-based or part-time strategy
- Those willing to compare nearby larger communities

Retirement Fit Questions

- Would the climate work for me during the most difficult season?
- Can I reach the healthcare and specialists I may need?
- Could I manage daily life if I stopped driving?
- How easily can family reach me and how often will I return to the United States?
- Does the community fit my preferred pace, language comfort, and social needs?

Scouting-Trip Checklist

- Stay in an ordinary neighborhood, not only a resort area
- Travel to a hospital, pharmacy, grocery store, and airport connection
- Test internet, cell service, water, cooling, and transportation
- Visit during daytime and evening; note noise, lighting, sidewalks, and traffic

- Record facts, concerns, and follow-up questions before discussing property

Verify Before Acting

- Full-time housing and utilities
- Emergency care and ambulance options
- Border hours, waits, parking, and transportation
- Current local services outside the visitor corridor

Important: Conditions, prices, services, safety information, regulations, insurance terms, and immigration procedures can change. Verify current information directly with official agencies, providers, insurers, and qualified professionals.

Next Step

Use this guide to prepare questions for a scouting trip or free educational conversation with Retire Better Mexico.

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